

Introduction: Dear friends in Christ: Think about a caterpillar... It's SO AMAZING that it changes into a butterfly!



God has also worked an amazing change in us – **FROM** *a hellbound child of the devil* **TO** *a heaven-bound child of God!* Today, we will hear more about that **transformation** and heae what it looks like *as we return to Ephesians chapter 4*.

- From >>> To: God makes the change in the heart; then it shows forth in the life!
  - a. <u>FROM Unbeliever</u>: <sup>17</sup> Now this I say and testify in the Lord, that you must no longer walk as the <u>Gentiles</u> [unbelievers] do, in the <u>futility</u> [uselessness] of their minds. <sup>18</sup> They are <u>darkened</u> in their understanding, <u>alienated</u> from the life of God because of the ignorance that is in them, <u>due to</u>

their hardness of heart. <sup>19</sup> They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. // <u>So unbelievers are really messed up</u>! They are active, yet their actions have no eternal significance. They are in the dark – spiritually, and separated from God; <u>but why</u>? They lack the knowledge of the truth <u>because</u> they hardened their hearts to it – like hard soil to seed (2Th 2:10b)! They are greedy to sin, so their desire is strong! <u>We</u> <u>WERE all like that</u> before God changed us! <u>Now</u> we are to no longer continue in such things!

b. <u>TO Believer</u>: <sup>20</sup> But that is not the way you learned Christ! -- <sup>21</sup> assuming that you have <u>heard</u> about him and were <u>taught</u> in him, as the truth is in Jesus, <sup>22</sup> to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, <sup>23</sup> and to be renewed in the spirit of your minds, <sup>24</sup> and to put on the new self, created after the likeness of God in true righteousness and holiness. // Paul implied that his readers WERE taught, but did they receive that teaching to their benefit? If so, the Spirit worked to put off the old ways of living, which include immorality and impurity, and to put on the new ways of living, which include knowing, loving, and doing what is right!

2. Stop >>> Start: We used to do that, but now we do this!

a. Lying → Truth: <sup>25</sup> Therefore, having put away falsehood [lying], let each one of you speak the truth with his neighbor, for we are members one of another. // We are to stop telling lies – like we did in our unbelieving past, and start telling the truth, for the benefit of everyone!

- b. Anger ⇒ Calm: <sup>26</sup> Be angry and do not sin; do not let the sun go down on your anger, <sup>27</sup> and give no opportunity to the devil. // Anger is not always a sin like Jesus cleansing the temple or us being angry about people teaching the wrong way to heaven. But, even when it is not a sin, let us let it go or the devil will use it to get ahold of us!
- c. Steal ⇒ Share: <sup>28</sup> Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. // So not only should we stop stealing as some WERE doing prior to knowing Christ, but we should start working and also help those who are in need!
- d. Negative ⇒ Positive: <sup>29</sup> Let no corrupting [rotten, worthless] talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. // So we are to stop saying what is negative and worthless, and start saying what is positive, beneficial, and appropriate under the circumstances, so that those who hear us will be blessed!
- e. Sorrow ⇒ Joy: <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. // As a mom is sad when her son disobeys, so the Spirit is sad when we disobey; therefore, let us stop causing sorrow and start causing joy!

- f. Hate → Love: <sup>31</sup> Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. // Think about the progression of those five key words: bitterness and wrath are in the heart; anger shows on the outside; clamor is heard on the outside; and slander is an insult against the one opposing us! Therefore, let us realize what is going on in our hearts, so we can stop its progression!
- g. Avenge → Forgive: <sup>32</sup> Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. // The old nature wants to get revenge, but the new nature immediately forgives – even as God has already forgiven us. As God's forgiveness is there, so should be ours; however, in reality, some will receive it and some will not.
- 3. Instruction Summary: <sup>1</sup> Therefore be imitators of God, as beloved children. // Since God has freely made us His holy children in Christ, *let us love Him by imitating Him!*
- 4. Example: <sup>2</sup> And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. // As Christ gave Himself up for us to save us, so let us follow His example by loving others in sacrificial ways!

Let Us Pray: Dear Holy Spirit, as caterpillar to butterfly is an amazing transformation, so we pray that You would powerfully work in us to clearly show who we are in Christ!